



一期一會

ONCE IN A LIFETIME

TERENCE LEE, GITONE
CERAMIC X MATCHA

JASMINE LIU, HYGGEWELLBEING

5 JUN, 2021 (SAT) 3PM

G/F, 27-28, 45 TAI HONG STREET,
LEI KING WAN, SAI WAN HO, H.K.

FOR MORE INFORMATION

HELLO@HYGGEWELLBEING.CO



We are pleased to announce the collaboration event "*Once-in-a-lifetime*" by Hong Kong ceramic artist *Terence Lee*, *GITONE* and founder of *HYGGEWellbeing Jasmine Liu* to raise people's awareness of mindful living. Making pottery and matcha shared a common value - learn to enjoy the present moment & is a way of living. Both making ceramics & matcha tea can naturally connect our body and mind together. We believe that with the one-of-a-kind handmade bowl and matcha tea you served is a priceless experience.

"You have to be in tune with the clay and react to what state it's in to work with it." - Terence.

"The ritual of making matcha, quietly and intentionally preparing a cup of match can help signal your mind and body that its time to relax." - Jasmine.

This slow-living philosophy towards being mindful, and hand-making pottery and matcha tea is an "*once-in-a-lifetime*" experience which you would never forget. We are also helping Angels-for-Children to raise funds during the event.

*HYGGEWellbeing-廖佩汶Jasmine Liu*將與梓桐堂-李梓良*Terence Lee*合辦名為“一期一會”的活動，旨在提高大家對正念生活的認識。製作陶器和沖泡抹茶有相同的價值觀，就是學習享受活在當下的生活模式，悠然地將身心連繫在一起。我們相信，使用獨一無二的手工茶碗來沖泡一杯抹茶，將會是一種無價的生活體驗。

“製作陶器時，讓心、手、眼與呼吸的節奏互相配合，感受手作陶瓷的樂趣。” –Terence

“沖泡抹茶講求禮儀，你必須靜心地沖泡，這正好提醒自己必須將身心徹底放鬆。” – Jasmine

這種將手工茶碗和抹茶融合的慢活生活哲學，將會是一種“一期一會”的生活體驗。
(此活動會為Angels-for-Children籌募經費)

Come and join us for this event.

RSVP @hello@hyggewellbeing.co

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